Syllabus

NURS 3315  Holistic Health Assessment Across the Lifespan (3 semester hours)

Fall 2019 (Sections 500 and 503)

Instructor Information

Section 500: Deana Furr  
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Office hours: By appointment

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Email: heien@uta.edu  
Office hours: By appointment

Faculty profiles available at: https://mentis.uta.edu/explore/courses
(Soon UTA will change to Digital Measures from Mentis. Putting “syllabus” into the UTA main page search engine will allow you to see syllabi from the different classes you need, whichever app is in use by UTA.)

Description of Course Content: Theory and practice of holistic health assessment of individuals and families across the life span designed for the Registered Nurse (RN-BSN Students only).  (3 semester hours)
Student Learning Outcomes:

<table>
<thead>
<tr>
<th>Performance Outcomes</th>
<th>Measurement Strategies</th>
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<tbody>
<tr>
<td>1. Demonstrate appropriate techniques to conduct holistic health assessment across</td>
<td>Quizzes</td>
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<td>the lifespan.</td>
<td>Assessment exercises</td>
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<tr>
<td>2. Identify normal, variations of normal and abnormal assessment finds based on</td>
<td>Quizzes</td>
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<tr>
<td>variations across the lifespan.</td>
<td>Assessment exercises</td>
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<tr>
<td>3. Conduct comprehensive assessments of individuals and families to include nutritional,</td>
<td>Assessment exercises</td>
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<td>physical, psychosocial dimensions.</td>
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COURSE REQUIREMENTS: Course Prerequisite: N3345 Professional Nursing.

1) Internet access (preferably hard-wired for quiz-taking)
2) Canvas ID & password (given to you)
3) Word processor that allows students to submit assignments in the following formats: .docx. Documents in the old Word formats in .doc are not supported in Canvas anymore.

REQUIRED RESOURCES:


Saving money on the textbook:

- Ebooks: If you choose to purchase the ebook, please note that the e-book does not have page numbers and some students have preferred a hard copy due to the nature of assignments in the course. On the other hand, one can search for specific words in the e-book, making it easy to find content. Either version will work, so select the format that is best for your learning style. Textbook rental or the purchase of used books is an economical way of gaining access to the book.

- Previous editions: (Some students have used an earlier textbook edition than the one recommended. You may choose to do this and in general, if you purchase the 5th edition, you will find that there are few differences.) However, you may need to deal with different paging issues and be willing.
to spend the time to look up any updates. The answers to quiz questions will always reflect the latest edition of the textbook. UTA fully supports students’ efforts to economize while recognizing that in some situations the latest information may be essential.

Students not receiving their textbooks by the day of class will appreciate the provision by the UTA library of making the first week readings available through the e-reserves at the following site: https://uta.summon(serialssolutions.com/#!/course_reserves/438145110004911

2. Access to an otoscope is needed. It need not be purchased if the student can borrow it (this physical assessment skill will be done on an ADULT HUMAN, the others will be done online using Shadow Health: app.shadowhealth.com Many students have found an inexpensive otoscope at local drug stores or online for less than $15.00.

3. Assessment software: Shadow Health http://www.shadowhealth.com For registration and purchase:
      Enter Course PIN – for the August 2019 start date ONLY -- 1861-5287-6281-2072
   b. Cost is 99.00, and payment needs to be by a credit or debit card. A $3.99 support fee is added if this is your first Shadow Health course.
   c. You will need to sign up for your coach section, and if you don’t know it, the unassigned general area is fine—we can easily move your name later.
   d. You will need to use the SAME NAME for your Shadow Health user name as you use for Canvas so the coaches can easily transfer scores between the two technologies.

   Login page: app.shadowhealth.com

Technical requirements
2. Tablets and mobile devices are not currently supported.
3. Recommended web browser is Google Chrome.

Shadow Health Support:
1. Contact Shadow Health with any questions or technical issues regarding Shadow Health before contacting your instructor.
2. Support is available at http://support.shadowhealth.com

SUPPLEMENTAL/OPTIONAL TEXTBOOKS:

Note: Many students using tablet computers have had trouble submitting assignments and taking quizzes, so we recommend the use of hard-wired internet capabilities and a laptop or desk-top computer. Tablets and smart phones are not yet fully supported by Shadow Health.

**Student Responsibilities:**

1. All students are expected to pursue their scholastic careers with honesty and integrity. Academic dishonesty includes, but is not limited to, cheating on a test or other course work, plagiarism (offering the work of another as one’s own), and unauthorized collaboration with another person. Students found guilty of dishonesty in their scholastic pursuits are subject to penalties which may include suspension or expulsion from the University. Please see the academic dishonesty section of this syllabus. Every assignment is checked by anti-plagiarism software.

**A note from the lead teachers about plagiarism and course work:** In every session, a couple of students attempt to share assignments—perhaps they have a busy week and do it as a last resort. Other students use the work of a previous student and just change a few words here and there. Both of these examples are considered plagiarism. Our anti-plagiarism software recognizes the similarities in the work using a complex algorithm, and the case is sent to the Office of Student Conduct for investigation. **Students who are caught plagiarizing receive the grade of F for the class, along with other sanctions.** Please don’t go that route! (This applies mainly to the otoscope assessments and the discussion boards for this class since the other assignments are done INSIDE the Shadow Health platform.)

Strategies for dealing with due dates and hectic schedules include the following:

1. **Work ahead.** In this class, all assignments and quizzes can be done early. The quizzes and assignment upload portals are all open from the first day of class, so if you know you will have a hectic week in the future, feel free to work ahead.

2. **Submit assignments up to 48 hours late.** This is not as good an option, but can be done. Submitting assignments late results in late penalties of only 5% per day. (Quizzes cannot be submitted late, except through the provision listed on page 5 in bold italics. No work is accepted after the 48 hour window beginning with the due date and time, and extending to 48 hours, unless the provision of documented extenuating circumstances applies—see below. To reiterate, work submitted after the 48 hour time span after the due date will receive a 0.)

(If you have a documentable extenuating circumstance, such as a medical emergency in yourself or family member, we will work with you to find an acceptable alternative due date without penalty. If your schedule changes and you see that you will not be able to complete the class successfully, do not delay! Discuss options with your advisor or lead teacher such as withdrawal from the class --drop dates are listed toward the end of this syllabus-- or other provisions may be available. We want you to succeed in the class and will do our best to work within the 5-week time span available to us!)
2. Students are responsible for contacting faculty members for consultation regarding a problem with, or questions about, the course. Contact your coach first, and if the coaches cannot help you, they will forward your request to the faculty responsible for that function.

Descriptions of major assignments and examinations (see master schedule for due dates):

<table>
<thead>
<tr>
<th>Component</th>
<th>% of grade</th>
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<tr>
<td>Weekly quizzes: 25%</td>
<td>5% for the quiz in each module x 5 weeks = 25%</td>
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<tr>
<td>Bonus feature: A syllabus quiz in Module 1 is also worth 5%, for a total of 6 quizzes in the class, with the lowest quiz grade being dropped—meaning there will be a total of 5 quizzes at 5% each. Should a student attain 100% on all 6 quizzes, the total value of the quizzes will not exceed 100% of the 25% of the course grade allotted to quiz value. NOTE: Students missing a quiz deadline will simply use this provision to drop the missed quiz. Thus, we will not allow extended deadlines for quizzes unless the provision for extenuating circumstances due to significant documented issues applies.</td>
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<p>| Weekly Assessment Assignments: 70% | All assignments in Shadow Health may be re-done for a higher score up until 48 hours past the due date (late penalties of 5% per day will be taken). |
| The Final Assignment—the Abdominal Pain Focused Assessment functions as a comprehensive exam and cannot be re-done for a higher score. (You will note that it is worth more because of this.) |
| Week 1: 12.5% | Digital Clinical Experience Orientation - 0% |
| Conversation Concept Lab – 2.5% |
| Health History – 10% |
| Week 2: 15% | HEENT – 5% |
| Hair, Skin, Nails – 5% |
| Otoscope Assignment (not in Shadow Health) – 5% |
| Week 3: 15% | Respiratory Concept lab – 2.5% |
| Respiratory Assessment – 5% |
| CV Concept lab – 2.5% |
| Focused Exam: Chest Pain – 5% |
| Week 4: 15% | Musculoskeletal – 5% |
| Neurological – 5% |
| Focused exam: Cough (Pediatric) – 5% |
| Week 5: 12.5% |</p>
<table>
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<th>Component</th>
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<tbody>
<tr>
<td>Abdominal Concept Lab – 2.5%</td>
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</tr>
<tr>
<td>Focused Exam: Abdominal Pain - 10%</td>
<td>(Cannot be re-done for a higher score; due by last day of class at 2359)</td>
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<tr>
<td>Discussion board – 5%</td>
<td>No discussion board for weeks 1 and 2. 1% for week 3, 2 % for modules 4 and 2% for module 5 = 5%</td>
</tr>
<tr>
<td>Total</td>
<td>100%</td>
</tr>
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**a.** Due dates: All assignments are due at 23:59 Saturday night, CST (or Central Daylight time, as appropriate for the season of the year) of the week the assignment was given (Module 1 assignments are due the Saturday night of week 1, etc.) Late penalties will apply: 5% per day, beginning at 0001 Sunday morning. Assignment turned in after 48 hours receive the grade of 0. Although Shadow Health assignments can be turned in late with late penalties taken, **QUIZZES CANNOT BE TAKEN LATE without documentation of serious extenuating circumstances such as illness.** The lowest quiz score is dropped—so if you missed only one quiz, that becomes the lowest score and is dropped. See the course schedule.

**b.** Discussion boards-original posting accepted up to 48 hours late with 5 pts per day deducted. After 48 hours original posting will not be accepted for a grade. Any and all replies posted late will not be accepted for a grade after the discussion board closes. (Our discussion board are quite popular and often students continue the conversations after due dates closed for their own interest—but these late comments are not graded.

Module 5 is the final module and because grades are due to the UTA registrar, **ALL assignments must be turned in by 23:59 of the last week/weekend of the class, without exception.** The final assignment, the Focused Abdominal exam cannot be redone for a higher score. Medical emergencies compelling students to turn in work late may result in a grade of incomplete, or the grade earned without the late assignment added in. If that should occur, the grade will be rectified through the required university channels, after processing and grading of the late work.

**GRADING POLICY:**
In undergraduate nursing courses, all grade calculations will be carried out to two decimal places **without rounding**. Letter grades for tests, written assignments, and end of course grades, etc. shall be:

- A: 90.00 - 100.00
- B: 80.00 - 89.99
- C: 70.00 - 79.99
- D: 60.00 - 69.99
- F: 59 or below

*The existing rule of C or better to progress remains in effect. Therefore, to successfully progress, students shall have a course grade of 70.00 or greater.*

Students are expected to keep track of their performance throughout the semester and seek guidance from available sources (including the instructor) if their performance drops below satisfactory levels.

**Attendance:** At the University of Texas at Arlington, taking attendance is not required. Rather, each faculty member is free to develop his or her own methods of evaluating students’ academic performance, which includes establishing course-specific policies on attendance. As the instructor of this section, I require a passing score and evident log-ins and student work.

**Expectations for Out-of-Class Study:** In general, for every credit hour earned, a student should spend 3 - 4 hours per week working outside of class. Hence, a 3-credit course might have a minimum expectation of 9 - 12 hours of reading, study, etc. Students enrolled in this course should expect to spend at least 9 hours per week of their own time in course-related activities, including reading required materials, completing assignments, preparing for exams, etc. Due to the accelerated nature of classes in the RN-BSN program, you may find that even more time is necessary to master some concepts or to complete some assignments.

**Student Feedback Survey:**

At the end of each term, students enrolled in classes categorized as lecture, seminar, or laboratory shall be directed to complete a Student Feedback Survey (SFS). Instructions on how to access the SFS for this course will be sent directly to each student through MavMail approximately 10 days before the end of the term. Each student’s feedback enters the SFS database anonymously and is aggregated with that of other students enrolled in the course. UT Arlington’s effort to solicit, gather, tabulate, and publish student feedback is required by state law; students are strongly urged to participate. For more information, visit [www.uta.edu/sfs](http://www.uta.edu/sfs).

**Drop Policy:** Students may drop or swap (adding and dropping a class concurrently) classes through self-service in MyMav from the beginning of the registration period through the late registration period. After the late registration period, students must see their academic advisor to drop a class or withdraw. Undeclared students must see an advisor in the University Advising Center. Drops can continue through a point two-thirds of the way through the term or session. It is the student's responsibility to officially withdraw if they do not plan to attend after registering. **Students will not be automatically dropped for non-attendance.** Repayment of certain types of financial aid administered through the University may be required as the result
of dropping classes or withdrawing. For more information, contact the Office of Financial Aid and Scholarships (http://wweb.uta.edu/aaao/fao/).

The last date to drop 5-week RN-BSN courses is adjusted. The adjusted date reflects a point two-thirds of the way through the course.

For the 8/12/19 start date, the last day to drop is 9/3/19. Requests for withdrawal are processed through the advisors, and must be received by no later than 5 pm (CST) on the drop date. The form needed to process the withdrawal is available here: https://academicpartnerships.uta.edu/documents/Drop-Request-Form.pdf

Disability Accommodations: UT Arlington is on record as being committed to both the spirit and letter of all federal equal opportunity legislation, including The Americans with Disabilities Act (ADA), The Americans with Disabilities Amendments Act (ADAAA), and Section 504 of the Rehabilitation Act. All instructors at UT Arlington are required by law to provide “reasonable accommodations” to students with disabilities, so as not to discriminate on the basis of disability. Students are responsible for providing the instructor with official notification in the form of a letter certified by the Office for Students with Disabilities (OSD). Only those students who have officially documented a need for an accommodation will have their request honored. Students experiencing a range of conditions (Physical, Learning, Chronic Health, Mental Health, and Sensory) that may cause diminished academic performance or other barriers to learning may seek services and/or accommodations by contacting:
The Office for Students with Disabilities, (OSD) www.uta.edu/disability or calling 817-272-3364. Information regarding diagnostic criteria and policies for obtaining disability-based academic accommodations can be found at www.uta.edu/disability.

Non-Discrimination Policy: The University of Texas at Arlington does not discriminate on the basis of race, color, national origin, religion, age, gender, sexual orientation, disabilities, genetic information, and/or veteran status in its educational programs or activities it operates. For more information, visit uta.edu/eos.

Title IX Policy: The University of Texas at Arlington (“University”) is committed to maintaining a learning and working environment that is free from discrimination based on sex in accordance with Title IX of the Higher Education Amendments of 1972 (Title IX), which prohibits discrimination on the basis of sex in educational programs or activities; Title VII of the Civil Rights Act of 1964 (Title VII), which prohibits sex discrimination in employment; and the Campus Sexual Violence Elimination Act (SaVE Act). Sexual misconduct is a form of sex discrimination and will not be tolerated. For information regarding Title IX, visit www.uta.edu/titleIX or contact Ms. Jean Hood, Vice President and Title IX Coordinator at (817) 272-7091 or jmhood@uta.edu

Student Support Services: UT Arlington provides a variety of resources and programs designed to help students develop academic skills, deal with personal situations, and better understand concepts and information related to their courses. Resources include tutoring, major-based learning centers, developmental education, advising and mentoring, personal counseling, and federally funded programs. For individualized referrals, students may visit the
The IDEAS Center (2nd Floor of Central Library) offers FREE tutoring to all students with a focus on transfer students, sophomores, veterans and others undergoing a transition to UT Arlington. Students can drop in, or check the schedule of available peer tutors at www.uta.edu/IDEAS, or call (817) 272-6593.

The English Writing Center (411LIBR): The Writing Center offers FREE tutoring in 15-, 30-, 45-, and 60-minute face-to-face and online sessions to all UTA students on any phase of their UTA coursework. Register and make appointments online at https://uta.mywconline.com. Classroom visits, workshops, and specialized services for graduate students and faculty are also available. Please see www.uta.edu/owl for detailed information on all our programs and services. The Library’s 2nd floor Academic Plaza offers students a central hub of support services, including IDEAS Center, University Advising Services, Transfer UTA and various college/school advising hours. Services are available during the library’s hours of operation. http://library.uta.edu/academic-plaza

Librarian Contact Information:

UTA Library: http://www.uta.edu/library/help/subject-librarians.php

Nursing Librarians: nursinglibrarians@uta.edu

Gretchen Trkay gtrak@uta.edu

Peace Ossom Williamson peace@uta.edu

RaeAnna Jeffers raeanna.jeffers@uta.edu

CONHI Student Handbook: The Undergraduate BSN Student Handbook can be found by going to the following link: https://www.uta.edu/conhi/students/policy/index.php

Emergency Phone Numbers

In case of an on-campus emergency, call the UT Arlington Police Department at 817-272-3003 (non-campus phone), 2-3003 (campus phone). You may also dial 911. Non-emergency number 817-272-3381. Enter the UTA Police Department’s emergency phone number into your own mobile phone.

PROFESSIONAL CONDUCT ON CANVAS:
The Canvas Discussion Board is to be viewed as a professional forum for student discussions. Students are free to discuss academic matters and consult one another regarding academic resources. The tone of postings on the Canvas Discussion Board is to remain professional in nature at all times. It is not appropriate to post statements of a personal or political nature, or statements criticizing classmates or faculty. Statements considered inappropriate will be deleted by faculty.

PLAGIARISM AND ACADEMIC INTEGRITY:

Copying another student’s paper or any portion of it is considered plagiarism. Additionally, copying a portion of published material (e.g., books or journals) without adequately documenting the source is also considered plagiarism. Authors whose words or ideas have been used in the preparation of a paper must be listed in the references cited at the end of the paper. Students are encouraged to review the plagiarism module from the UT Arlington Central Library via [http://library.uta.edu/plagiarism/index.html](http://library.uta.edu/plagiarism/index.html)

In this course, the Unicheck program is used on Canvas to review submitted assignments. Students are allowed to view the Unicheck originality report before submitting assignments. If a student submits an assignment that displays clear evidence of scholastic dishonesty, that assignment will receive a zero and the student will be referred to the Office of Student Conduct. For further information on academic integrity please review [https://www.uta.edu/conduct/academic-integrity/index.php](https://www.uta.edu/conduct/academic-integrity/index.php)

Collusion and plagiarism defined:

Sharing test answers with other students is collusion. Copying someone’s paper or any portion of it is plagiarism. Additionally, copying a portion of published material (e.g., books or journals) without adequately documenting the source is plagiarism. If five or more words in sequence are taken from a source, those words must be placed in quotes and the source referenced with author’s name, date of publication, and page number of publication. If the author’s ideas are rephrased, by transposing words or expressing the same idea using different words, the idea must be attributed to the author by proper referencing, giving the author’s name and date of publication. If a single author’s ideas are discussed in more than one paragraph, the author must be referenced at the end of each paragraph. Authors whose words or ideas have been used in the preparation of a paper must be listed in the references cited at the end of the paper. Students are encouraged to review the plagiarism module from the UT Arlington Central Library via [http://library.uta.edu/tutorials/Plagiarism](http://library.uta.edu/tutorials/Plagiarism)

NO GIFT POLICY:

In accordance with Regents Rules and Regulations and the UTA Standards of Conduct, the College of Nursing has a “no gift” policy. A donation to the UTA College of Nursing Scholarship Fund would be an appropriate way to recognize a faculty member’s contribution to student learning. For information regarding the Scholarship Fund, please contact the Dean’s office.