NURS 3315  Holistic Health Assessment Across the Lifespan  (3 semester hours)

Fall 2019 (Sections 501 and 504)

Instructor Information

Section 501: Deana Furr
Email: dfurr@uta.edu
Office hours: By appointment

Section 504: Pamela White
Email: pamwhite@uta.edu
Office hours: By appointment

Faculty profiles available at: https://mentis.uta.edu/explore/courses
(Soon UTA will change to Digital Measures from Mentis. Putting “syllabus” into the UTA main page search engine will allow you to see syllabi from the different classes you need, whichever app is in use by UTA.)

Description of Course Content: Theory and practice of holistic health assessment of individuals and families across the life span designed for the Registered Nurse (RN-BSN Students only).  (3 semester hours)
Student Learning Outcomes:

<table>
<thead>
<tr>
<th>Performance Outcomes</th>
<th>Measurement Strategies</th>
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<tbody>
<tr>
<td>1. Demonstrate appropriate techniques to conduct holistic health assessment across the lifespan.</td>
<td>Quizzes</td>
</tr>
<tr>
<td>2. Identify normal, variations of normal and abnormal assessment finds based on variations across the lifespan.</td>
<td>Assessment exercises</td>
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<tr>
<td>3. Conduct comprehensive assessments of individuals and families to include nutritional, physical, psychosocial dimensions.</td>
<td>Assessment exercises</td>
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</table>

COURSE REQUIREMENTS: Course Prerequisite: N3345 Professional Nursing.

1) Internet access (preferably hard-wired for quiz-taking)
2) Canvas ID & password (given to you)
3) Word processor that allows students to submit assignments in the following formats: .docx. Documents in the old Word formats in .doc are not supported in Canvas anymore.

REQUIRED RESOURCES:


Saving money on the textbook:

- Ebooks: If you choose to purchase the ebook, please note that the e-book does not have page numbers and some students have preferred a hard copy due to the nature of assignments in the course. On the other hand, one can search for specific words in the e-book, making it easy to find content. Either version will work, so select the format that is best for your learning style. Textbook rental or the purchase of used books is an economical way of gaining access to the book.

- Previous editions: (Some students have used an earlier textbook edition than the one recommended. You may choose to do this and in general, if you purchase the 5th edition, you will find that there are few differences.) However, you may need to deal with different paging issues and be willing
to spend the time to look up any updates. The answers to quiz questions will always reflect the latest edition of the textbook. UTA fully supports students’ efforts to economize while recognizing that in some situations the latest information may be essential.

*Students not receiving their textbooks by the day of class will appreciate the provision by the UTA library of making the first week readings available through the e-reserves at the following site:* [https://uta.summon.serialssolutions.com/#/course_reserves/438145110004911](https://uta.summon.serialssolutions.com/#/course_reserves/438145110004911)

2. **Access to an otoscope is needed. It need not be purchased if the student can borrow it** (this physical assessment skill will be done on an ADULT HUMAN, the others will be done online using Shadow Health: [app.shadowhealth.com](http://app.shadowhealth.com) Many students have found an inexpensive otoscope at local drug stores or online for less than $15.00.

3. **Assessment software:** Shadow Health [http://www.shadowhealth.com](http://www.shadowhealth.com)

   For registration and purchase:

   Enter Course PIN – for the *September 2019 start date ONLY* – 9240-0386-4061-7755

   b. Cost is 99.00, and payment needs to be by a credit or debit card. A $3.99 support fee is added if this is your first Shadow Health course.

   c. You will need to sign up for your coach section, and if you don’t know it, the unassigned general area is fine—we can easily move your name later.

   d. You will need to use the SAME NAME for your Shadow Health user name as you use for Canvas so the coaches can easily transfer scores between the two technologies.

   Login page: [app.shadowhealth.com](http://app.shadowhealth.com)

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**Technical requirements**


2. Tablets and mobile devices are not currently supported.

3. Recommended web browser is Google Chrome.

**Shadow Health Support:**

1. Contact Shadow Health with any questions or technical issues regarding Shadow Health *before* contacting your instructor.

2. Support is available at [http://support.shadowhealth.com](http://support.shadowhealth.com)

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**SUPPLEMENTAL/OPTIONAL TEXTBOOKS:**

1. St
desk taking quizzes, so we recommend the use of hard-wired internet capabilities and a laptop or
desk-top computer. Tablets and smart phones are not yet fully supported by Shadow Health.

Student Responsibilities:

1. All students are expected to pursue their scholastic careers with honesty and integrity.
   Academic dishonesty includes, but is not limited to, cheating on a test or other course
work, plagiarism (offering the work of another as one’s own), and unauthorized
 collaboration with another person. Students found guilty of dishonesty in their scholastic
pursuits are subject to penalties which may include suspension or expulsion from the
University. Please see the academic dishonesty section of this syllabus. Every
assignment is checked by anti-plagiarism software.

A note from the lead teachers about plagiarism and course work: In every session, a
couple of students attempt to share assignments—perhaps they have a busy week and do
it as a last resort. Other students use the work of a previous student and just change a few
words here and there. Both of these examples are considered plagiarism. Our anti-
plagiarism software recognizes the similarities in the work using a complex algorithm,
and the case is sent to the Office of Student Conduct for investigation. Students who
are caught plagiarizing receive the grade of F for the class, along with other
sanctions. Please don’t go that route! (This applies mainly to the otoscope assessments
and the discussion boards for this class since the other assignments are done INSIDE the
Shadow Health platform.)

Strategies for dealing with due dates and hectic schedules include the following:
1). Work ahead. In this class, all assignments and quizzes can be done early. The
quizzes and assignment upload portals are all open from the first day of class, so if you
know you will have a hectic week in the future, feel free to work ahead.
2). Submit assignments up to 48 hours late. This is not as good an option, but can be
done. Submitting assignments late results in late penalties of only 5% per day. (Quizzes
cannot be submitted late, except through the provision listed on page 5 in bold italics. No
work is accepted after the 48 hour window beginning with the due date and time, and
extending to 48 hours, unless the provision of documented extenuating circumstances
applies—see below. To reiterate, work submitted after the 48 hour time span after the
due date will receive a 0.)

(If you have a documentable extenuating circumstance, such as a medical emergency in
yourself or family member, we will work with you to find an acceptable alternative due
date without penalty. If your schedule changes and you see that you will not be able to
complete the class successfully, do not delay! Discuss options with your advisor or lead
teacher such as withdrawal from the class --drop dates are listed toward the end of this
syllabus-- or other provisions may be available. We want you to succeed in the class and
will do our best to work within the 5-week time span available to us!)
2. Students are responsible for contacting faculty members for consultation regarding a problem with, or questions about, the course. Contact your coach first, and if the coaches cannot help you, they will forward your request to the faculty responsible for that function.

Descriptions of major assignments and examinations (see master schedule for due dates):

<table>
<thead>
<tr>
<th>Component</th>
<th>% of grade</th>
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<tbody>
<tr>
<td>Weekly quizzes: 25%</td>
<td>5% for the quiz in each module x 5 weeks = 25%</td>
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<tr>
<td></td>
<td>Bonus feature: A syllabus quiz in Module 1 is also worth 5%, for a total</td>
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<tr>
<td></td>
<td>of 6 quizzes in the class, with the lowest quiz grade being dropped—</td>
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<tr>
<td></td>
<td>meaning there will be a total of 5 quizzes at 5% each. Should a student</td>
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<td>attain 100% on all 6 quizzes, the total value of the quizzes will not exceed</td>
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<tr>
<td></td>
<td>100% of the 25% of the course grade allotted to quiz value. NOTE: Students</td>
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<td>missing a quiz deadline will simply use this provision to drop the missed</td>
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<tr>
<td></td>
<td>quiz. Thus, we will not allow extended deadlines for quizzes unless the</td>
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<td>provision for extenuating circumstances due to significant documented</td>
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<td></td>
<td>issues applies.</td>
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<tr>
<td>Weekly Assessment Assignments: 70%</td>
<td>All assignments in Shadow Health may be re-done for a higher score up</td>
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<td></td>
<td>until 48 hours past the due date (late penalties of 5% per day will be</td>
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<td></td>
<td>taken). The Final Assignment—the Abdominal Pain Focused Assessment</td>
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<td></td>
<td>functions as a comprehensive exam and cannot be re-done for a higher</td>
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<tr>
<td></td>
<td>score. (You will note that it is worth more because of this.)</td>
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<tr>
<td>Week 1: 12.5%</td>
<td>Digital Clinical Experience Orientation - 0%</td>
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<td></td>
<td>Conversation Concept Lab – 2.5%</td>
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<td></td>
<td>Health History – 10%</td>
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<tr>
<td>Week 2: 15%</td>
<td>HEENT – 5%</td>
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<td></td>
<td>Hair, Skin, Nails – 5%</td>
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<td></td>
<td>Otoscope Assignment (not in Shadow Health) – 5%</td>
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<tr>
<td>Week 3: 15%</td>
<td>Respiratory Concept lab – 2.5%</td>
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<tr>
<td></td>
<td>Respiratory Assessment – 5%</td>
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<td></td>
<td>CV Concept lab – 2.5%</td>
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<td></td>
<td>Focused Exam: Chest Pain – 5%</td>
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<tr>
<td>Week 4: 15%</td>
<td>Musculoskeletal – 5%</td>
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<tr>
<td></td>
<td>Neurological – 5%</td>
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<tr>
<td></td>
<td>Focused exam: Cough (Pediatric) – 5%</td>
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<tr>
<td>Week 5: 12.5%</td>
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<tr>
<td>Component</td>
<td>% of grade</td>
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<td>-----------------------------------------------------------------------------</td>
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<tr>
<td>Abdominal Concept Lab – 2.5%</td>
<td></td>
</tr>
<tr>
<td>Focused Exam: Abdominal Pain -  10%</td>
<td>(Cannot be re-done for a higher score; due by last day of class at 2359)</td>
</tr>
<tr>
<td>Discussion board – 5%</td>
<td>No discussion board for weeks 1 and 2. 1% for week 3, 2 % for modules 4 and 2% for module 5 = 5%</td>
</tr>
<tr>
<td>Total</td>
<td>100%</td>
</tr>
</tbody>
</table>

a. Due dates: All assignments are must be submitted and received by 23:59 Saturday night, CST (or Central Daylight time, as appropriate for the season of the year) of the week the assignment was given (Module 1 assignments are due the Saturday night of week 1, etc.) Late penalties will apply: 5% per day, beginning at 0001 Sunday morning. Assignment turned in after 48 hours receive the grade of 0. Although Shadow Health assignments can be turned in late with late penalties taken, QUIZZES CANNOT BE TAKEN LATE without documentation of serious extenuating circumstances such as illness. The lowest quiz score is dropped—so if you missed only one quiz, that becomes the lowest score and is dropped. See the course schedule.

b. Discussion boards-original posting accepted up to 48 hours late with 5 pts per day deducted. After 48 hours original posting will not be accepted for a grade. Any and all replies posted late will not be accepted for a grade after the discussion board closes. (Our discussion board are quite popular and often students continue the conversations after due dates closed for their own interest—but these late comments are not graded.

Module 5 is the final module and because grades are due to the UTA registrar, ALL assignments must be submitted and received by 23:59 of the last week/weekend of the class, without exception. The final assignment, the Focused Abdominal exam cannot be redone for a higher score. Medical emergencies compelling students to turn in work late may result in a grade of incomplete, or the grade earned without the late assignment added in. If that should occur, the grade will be rectified through the required university channels, after processing and grading of the late work.
GRADING POLICY:

In undergraduate nursing courses, all grade calculations will be carried out to two decimal places without rounding. Letter grades for tests, written assignments, and end of course grades, etc. shall be:

A: 90.00 - 100.00
B: 80.00 - 89.99
C: 70.00 - 79.99
D: 60.00 - 69.99
F: 59 or below

Students are expected to keep track of their performance throughout the semester and seek guidance from available sources (including the instructor) if their performance drops below satisfactory levels.

Minimum Passing Criteria:
In order to successfully complete an undergraduate nursing course at UTA, the following minimum criteria must be met:

- 70% weighted average on proctored tests (none in this class)
- 70% weighted average on written assignments

In undergraduate nursing courses, all grade calculations will be carried out to two decimal places and there will be no rounding of grades.

Letter grades for tests, written assignments, end of course grades, etc. shall be:

A: 90.00 - 100.00
B: 80.00 - 89.99
C: 70.00 - 79.99
D: 60.00 - 69.99

The existing rule of C or better to progress remains in effect; therefore, to successfully complete a nursing course, students shall have a course grade of 70.00 or greater.

Expectations for Out-of-Class Study:
In general, for every credit hour earned, a student should spend 3 - 4 hours per week working outside of class. Hence, a 3-credit course might have a minimum expectation of 9 -12 hours of reading, study, etc. Students enrolled in this course should expect to spend at least 9 hours per week of their own time in course-related activities, including reading required materials, completing assignments, preparing for exams, etc. Due to the accelerated nature of classes in the RN-BSN program, you may find that even more time is necessary to master some concepts or to complete some assignments.

Late Assignment Submission:

a. Assignments only accepted up to 48 hours late with 5pts per day deducted. Assignments submitted after 48 hours will be a 0 unless prior approval and communication from faculty was accepted.
b. Discussion boards—original posting accepted up to 48 hours late with 5 pts per
day deducted. After 48 hours original posting will not be accepted. Any and all
replies posted late will not be accepted after the discussion board closes.

Grade Grievances:
Any appeal of a grade in this course must follow the procedures as published in the
College of Nursing and Health Innovation Undergraduate Student Handbook
(https://www.uta.edu/conhi/students/policy/index.php).

In an attempt to resolve a complaint, the student must first make a serious effort to
resolve the matter with the individual with whom the grievance originated. Faculty of
the course has the primary responsibility for assigning grades. Appeals of the official
grade assigned to a student for a course will not, therefore, be considered at levels
above the faculty unless a student offers evidence of:

- Differential treatment – examples might be providing benefits such as extra
time for assignments to some but not all students in the class; excluding some
students from attendance or other course requirements, OR
- Procedural irregularities – examples might be adding a new requirement that
was not listed in the class syllabus; using criteria for grades not made available
to the student ahead of time.

More information about the university’s grade grievance policies can be found in the
Undergraduate Grading Policies section of the catalog
(https://catalog.uta.edu/academicregulations/grades/#undergraduatetext).
Information regarding grievances for matters other than grades is available in the
Student Rights section of the catalog
(https://catalog.uta.edu/academicregulations/security/).

Course Schedule

**RN-BSN Schedule is available on Canvas in the Syllabus section (see left-hand menu)**

Institution Information

UTA students are encouraged to review the below institutional policies and
informational sections and reach out to the specific office with any questions. To view
this institutional information, please visit the Institutional Information page
(http://www.uta.edu/provost/administrative-forms/course-syllabus/index.php) which
includes the following policies among others:

- Drop Policy
- Disability Accommodations
- Title IX Policy
- Academic Integrity
• Student Feedback Survey
• Final Exam Schedule

DROP POLICY:
Students may drop or swap (adding and dropping a class concurrently) classes through self-service in MyMav from the beginning of the registration period through the late registration period. After the late registration period, students must see their academic advisor to drop a class or withdraw. Undeclared students must see an advisor in the University Advising Center. Drops can continue through a point two-thirds of the way through the term or session. It is the student’s responsibility to officially withdraw if they do not plan to attend after registering. Students will not be automatically dropped for non-attendance. Repayment of certain types of financial aid administered through the University may be required as the result of dropping classes or withdrawing. Contact the Financial Aid Office for more information.

As in the past, the last date to drop a RN-BSN course is adjusted. The adjusted date will now reflect a point two-thirds of the way through the course.

Adjusted drop dates for the session start date of September 23, 2019 semester for RN-BSN courses are as follows:

N3315 Holistic Health Assessment Across the Lifespan – DROP DATE: October 14, 2019

Additional Information

Attendance:
At The University of Texas at Arlington, taking attendance is not required but attendance is a critical indicator of student success. Each faculty member is free to develop his or her own methods of evaluating students’ academic performance, which includes establishing course-specific policies on attendance. As the instructor of this section, As the instructor of this course:
Attendance in class is expected of each student. Students absent from class are responsible for the content and directives provided in class. However, while UT Arlington does not require instructors to take attendance in their courses, the U.S. Department of Education requires that the University have a mechanism in place to mark when Federal Student Aid recipients “begin attendance in a course.” UT Arlington instructors will report when students begin attendance in a course as part of the final grading process. Specifically, when assigning a student a grade of F, faculty report must the last date a student attended their class based on evidence such as a test, participation in a class project or presentation, or an engagement online via Canvas. This date is reported to the Department of Education for federal financial aid recipients.

Student Support Services: UT Arlington provides a variety of resources and programs designed to help students develop academic skills, deal with personal
situations, and better understand concepts and information related to their courses. Resources include tutoring, major-based learning centers, developmental education, advising and mentoring, personal counseling, and federally funded programs. For individualized referrals, students may visit the reception desk at University College (Ransom Hall), call the Maverick Resource Hotline at 817-272-6107, send a message to resources@uta.edu, or view the information at http://www.uta.edu/studentsuccess/success-programs/programs/resource-hotline.php

The IDEAS Center (2nd Floor of Central Library) offers FREE tutoring to all students with a focus on transfer students, sophomores, veterans and others undergoing a transition to UT Arlington. Students can drop in, or check the schedule of available peer tutors at www.uta.edu/IDEAS, or call (817) 272-6593.

The English Writing Center (411LIBR): The Writing Center offers FREE tutoring in 15-, 30-, 45-, and 60-minute face-to-face and online sessions to all UTA students on any phase of their UTA coursework. Register and make appointments online at https://uta.mywconline.com. Classroom visits, workshops, and specialized services for graduate students and faculty are also available. Please see www.uta.edu/owl for detailed information on all our programs and services. The Library’s 2nd floor Academic Plaza offers students a central hub of support services, including IDEAS Center, University Advising Services, Transfer UTA and various college/school advising hours. Services are available during the library’s hours of operation. http://library.uta.edu/academic-plaza