KINE 5341-001
Immediate & Emergency Care I
Summer 2019
TuTh 8:00AM - 9:50AM; 10:30AM -12:20PM

Instructors
Name: Paul Krawietz, EdD, LAT, ATC
Office: PEB 112 E
Phone: 817-272-7290
E-mail: pkrawietz@uta.edu
Faculty Profile: https://mentis.uta.edu/explore/profile/paul-krawietz
Office hours: Tuesday 12 pm - 1 pm or By appt

Name: Cindy Trowbridge, PhD, LAT, ATC, CSCS
Office: PEB 112D
Phone: 817-272-3134
E-mail: ctrowbridge@uta.edu
Faculty Profile: https://mentis.uta.edu/explore/profile/dr-cynthia-trowbridge
Office hours: By appt

Primary Reading Material

Recommended Texts & Other Resources
- Videos posted by instructors

Required Computer Access
Blackboard (https://elearn.uta.edu/webapps/login/)

Course Description
This course is designed to provide knowledge of emergency medicine along with medical/legal and ethical issues. Students will also be required to complete a scholarship project concerning general emergency care and acute management of injuries and illnesses. Clinical hours will be required in an emergency medicine environment.

Course Objectives
This course will address the following educational competencies from the 5th edition
NATA Athletic Training Educational Competencies:
1. Solidify immediate emergency care management and planning for patients including triaging and disposition to appropriate level of hospital
2. Improve the evaluation and management of patients with acute conditions including compromise to the integumentary, cardiovascular, respiratory, metabolic, nervous, and musculoskeletal systems
3. Improve the stabilization and transportation of patients with acute life threatening injuries
4. Instruct proper disposition for managing joint dislocations and fractures
The following **Knowledge and Skills and/or Standards** will be addressed in this class

<table>
<thead>
<tr>
<th><strong>Athletic Training Educational Competencies</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Prevention and Health Promotion (PHP)</td>
</tr>
<tr>
<td>PHP 10, 11, 17a,d,e,f,g,h</td>
</tr>
<tr>
<td>Clinical Examination (CE)</td>
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<tr>
<td>CE-16</td>
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<tr>
<td>Acute Care of Injuries and Illnesses</td>
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<tr>
<td>AC 4-20, 23-27, 36a,c,d,e,f,g,j,l, 37, 40-42</td>
</tr>
<tr>
<td>Health Care Administration</td>
</tr>
<tr>
<td>HA 19-22</td>
</tr>
</tbody>
</table>

**Student Learning Outcomes**

After completing this course, students should be able to:

1. critically think and problem solve regarding emergency issues using the most recent evidence based medicine.
2. perform emergency techniques using the most recent evidence based practice techniques and equipment

**Class Participation**

Your active participation in this class will be required both on-line and in class.

- During your online portion
  - Organize your learning around the tasks and problems you will encounter as an athletic training student and a young professional. Use this information to help prepare you for your intended career step.
  - Participate fully in all on-line discussions. Use the vast number of resources (preceptors, internship mentors, books, and articles) around you to ask questions and/or challenge the current medical or scientific assumptions.

- During your in class portion
  - Be prepared for the activities each day by reading the material before class and reviewing material from your previous classes.
  - Wear appropriate clothes so you can experience the emergency techniques.
  - Participate fully in the scenarios that are created and used in class.

**Active Learning**

You will self-direct your studies by being responsible for your own learning. We will guide you in this process; however, in the end the onus of learning will be your responsibility. In order to synthesize the information, you are learning, apply it whenever you get the chance. Your brain will only grow in response to how much it is challenged and used. Become intrinsically motivated to improve yourself and your emergency care skills and techniques; if you do this you will succeed every time.

**Overall Class Expectations**

Each student is expected to prepare for class by reading the material prior to class. If you miss a class, you are responsible for obtaining all information presented and you are encouraged to contact instructor for essential details.

**Remember:** Poor planning on your part is not an emergency on our parts.

**Attendance and Program/Course Policies**

At University of Texas at Arlington, taking attendance is not required. Rather, each faculty member is free to develop his or her own methods of evaluating students’ academic performance, which includes establishing course-specific policies on attendance.
As the instructors of this section, class attendance is required. Two absences will automatically drop your grade by one letter (i.e., A to B, B to C, etc.). Tardiness is not acceptable. Class starts on time each day for each section. If you accumulate 3 tardies, we will give you one (1) absence.

- There are no excused or unexcused absences - if you miss class you are absent.
- You will not be penalized for absences that cannot be avoided
  - As instructors, we reserve the right to determine when these occur. Each case is an individual decision based on communication and documentation.

Missed exams, quizzes, and homework can only be made up if approved by instructor. All missed exams, quizzes, and homework must be made up within one week of original due date if approval obtained.

Cell Phone Policy

No cell phones in class for verbal or text message conversations. Please turn them off or silence them during our class period. If you actively perform or receive cell phone calls or text messaging during class, I will confiscate your electronic device. No exceptions.

Computers can be used in class to facilitate learning. However if they are used to “surf” the web or perform tasks that are outside of class learning objectives, then the instructor has the right to request that you leave the class. Please respect your classmates and their learning as your texting, “surfing”, and computer/phone use that is not related to class is very distracting and not an example of team learning.

Master of Science in Athletic Training Program Retention Criteria and Policy

MSAT students’ academic and clinical progress will be closely monitored each semester. In order to remain in the MSAT program, students must:

1. Maintain a cumulative GPA of 3.0 or higher.
2. Maintain a 3.0 GPA or higher in athletic training core courses.
3. Students may not earn a "C" grade or lower in any required course containing AT education competencies.
   a. Students who earn a grade of "C" or lower in any required course must meet with their academic advisor and petition to continue in the MSAT Program.

Master of Science in Athletic Training Program Retention Criteria and Policy (cont’d)

b. Any student who fails to meet the retention criteria will be placed on probation in the MSAT program. If standards are not met by the end of the probationary period, the student will be dismissed from the program.

c. If allowed to repeat a course, the student must earn a grade of B or higher in order to remain in the program. Students will not be allowed to continue in the program until the course is repeated with a grade of a B or higher. For example, if a student earns a "C" in a course only offered in the fall semester, he/she must wait until the course is offered again (the next fall) before proceeding in the program.

d. Failure to repeat the course or earn a grade of "B" or better, will result in dismissal from the program.

e. Students who do not gain good academic standing with the program in the semester following completion of the probation semester will be academically dismissed.

f. A student who has been dismissed for failure to maintain a GPA 3.0 may petition the AT Faculty Committee to continue in the program: see section below concerning petitions.

4. Adhere to professionalism standards and documents cited in the MSAT Policies and Procedures Manual including but not limited to: the university’s academic integrity policies, the NATA Code of Ethics, the BOC’s Standards of Practice, course syllabi, to
the MSAT Policies and Procedures Manual, and to policies/regulations established at each assigned clinical site. Students with three professional conduct/digression reports may be suspended or dismissed from the program. If students have a history of professional conduct or behavior issues, with a written record of conduct warning or digression reports, and earn a "C" in a course, the student will be required to meet with the faculty to determine if the student can continue.

a. For minor professionalism infractions, the faculty/staff/preceptor will complete "Student Conduct Warning" form. If a student obtains 3 of these, he/she will be dismissed from the program (3 strikes and you're out rule).

b. For major professionalism offenses (serious offenses such as a confidentiality breach, etc.) a Student Conduct Digression Report will be completed the student may be dismissed from the program depending on the nature of the offense. The Athletic Training Program faculty committee will make the determination on whether or not the student can repeat the course and continue in the program.

Petitions to Continue in the MSAT Program:
Students who wish to submit a petition to continue in the MSAT Program must meet with their Academic Advisor. During that meeting, students should be prepared to discuss how/why plans to regain good academic standing during the probation semester were not successful and develop a specific plan for improvement. The student is responsible for submitting the petition electronically. The student's petition to continue in the MSAT Program will be reviewed by the Athletic Training faculty committee. If the committee agrees to approve the student's petition to continue, the Academic Advisor will work with the student to review/revise the student's degree plan and assist with clearing the student for enrollment.

Expected Professional Behavior:
Students are expected to adhere to the NATA Code of Ethics and to behave professionally, as described in the MSAT Policies and Procedures Manual.

Course Materials
Examinations
Written Midterm and Final Exam
These exams will encompass all presented material from the semester. The exams will be given during the class or final exam period using Blackboard Respondus Lockdown Browser.

Quizzes
Quizzes will be on material covered or readings assigned. Quizzes offered on-line or in-class (announced or unannounced). Missed quizzes can only be made up if arrangements are made with instructor. All missed quizzes must be made up within one week of original due date. If you are late on an in-class quiz day, you will have the time remaining after your arrival to take the quiz.

• On-line quizzes will be due on Mondays by the end of day

Assignments
Assignments are DUE on the posted or announced date at the beginning of class or via Blackboard submission. Late assignments are accepted but points will be deducted (20% per day late) from the assignment. If an assignment is not completed within one week of posted due date you will receive a zero grade for that assignment.

Emergency Action Plan Detailed Treatment Guides: Groups and topics will be assigned for completion of this project. Guidelines for project will be provided. Purpose is to create specific emergency planning and/or management actions related to a variety of conditions that can result in sudden death or in catastrophic results. These will include information about condition, equipment, actions, and follow-up steps.
Assignments (cont’d)

**Sudden Death Presentation to Parent Teachers’ Association (PTA):** Each individual will be given a small case study of a sudden death or near sudden death situation in athletics. Using this case as a primer for your PTA audience (gets their attention), you are then to educate them about these learning goals: 1) statistics of the event, 2) prevention, 3) recognition, 4) treatment and 5) long-term disposition related to return to play or caring for teammates and staff after a death. Each of these categories should not have more than about 10 minutes or about 3 specific goals linked with each. Follow all instructions but you may use a variety of techniques to present the information to your audience. You should have no more than 30 minutes of learning, question time, and/or activities for your audience. NOTE: These are presented in class and not to an actual PTA.

**Video Assignment:** Students will be combined into groups of 4 and assigned to create a video tutorial for a topic related to one of our main lecture topics. Multiple forms of media should be used for the video (voice over, visuals, cue cards, etc...).

**In-Class Participation (July 2 - August 8th)**

Students are expected to participate in all aspects of class. Points will be assigned for participation, which includes answering in-class questions and participating in laboratory activities. Closing the loop is essential after class to maximize your learning experience. Each student is expected to review material presented and come prepared to ask questions or “go deeper” with material.

**Tentative Evaluation (Grading is subject to change):**

- **Midterm Exam** .................................................. 30%
- **Final Exam** .......................................................... 30%
- **Quizzes** .......................................................... 15%
- **Assignments** .................................................. 20%
- **Participation** .................................................. 5%

**Grading Scale:**

- A = ≥90%; B = 80-89%; C = 70-79%; D = 60-69%; F = 59.9% and below

**Grading**

Students are expected to keep track of their performance throughout the semester and seek guidance from available sources (including the instructor) if their performance drops below satisfactory levels. An academic digression report will be completed if key assessments (quiz averages, tests, and practical exams) fall below an 80%. These academic digression reports will be filled out by instructor, reviewed with student, and filed with Program Director. Academic digressions are not meant to be punishment, but are to make the student aware of academic shortfalls in the AT Program.

As a policy of the University of Texas at Arlington (UTA) outlined in the official Graduate Catalog, graduate credit will be given for grades of A, B, or C for work done at UTA, subject to the following conditions:

1. The student must maintain a B average in all work done in the major.
2. The student must maintain a B average in all work done in the minor.
3. The student must maintain a B average in all advanced work.
Institution Information
UTA students are encouraged to review the below institutional policies and informational sections and reach out to the specific office with any questions. To view this institutional information, please visit the Institutional Information page ([http://www.uta.edu/provost/administrative-forms/course-syllabus/index.php](http://www.uta.edu/provost/administrative-forms/course-syllabus/index.php)) which includes the following policies among others:

- Drop Policy
- Disability Accommodations
- Title IX Policy
- Academic Integrity
- Student Feedback Survey
- Final Exam Schedule

University Academic Policies:
Grade Grievances:
Any appeal of a grade in this course must follow the procedures and deadlines for grade-related grievances as published in the current University Catalog. For graduate courses, see [Graduate Grading Policies](#). For student complaints, see [Student Complaints](#).

Drop Policy: Students may drop or swap (adding and dropping a class concurrently) classes through self-service in MyMav from the beginning of the registration period through the late registration period. After the late registration period, students must see their academic advisor to drop a class or withdraw. Undeclared students must see an advisor in the University Advising Center. Drops can continue through a point two-thirds of the way through the term or session. It is the student's responsibility to officially withdraw if they do not plan to attend after registering. Students will not be automatically dropped for non-attendance. Repayment of certain types of financial aid administered through the University may be required as the result of dropping classes or withdrawing. For more information, contact the Office of Financial Aid and Scholarships ([http://www.uta.edu/aao/fao/](http://www.uta.edu/aao/fao/)).

Disability Accommodations: UT Arlington is on record as being committed to both the spirit and letter of all federal equal opportunity legislation, including The Americans with Disabilities Act (ADA), The Americans with Disabilities Amendments Act (ADAAA), and Section 504 of the Rehabilitation Act. All instructors at UT Arlington are required by law to provide “reasonable accommodations” to students with disabilities, so as not to discriminate on the basis of disability. Students are responsible for providing the instructor with official notification in the form of a letter certified by the Office for Students with Disabilities (OSD). Only those students who have officially documented a need for an accommodation will have their request honored. Students experiencing a range of conditions (Physical, Learning, Chronic Health, Mental Health, and Sensory) that may cause diminished academic performance or other barriers to learning may seek services and/or accommodations by contacting: The Office for Students with Disabilities, (OSD) [www.uta.edu/disability](http://www.uta.edu/disability) or calling 817-272-3364. Information regarding diagnostic criteria and policies for obtaining disability-based academic accommodations can be found at [www.uta.edu/disability](http://www.uta.edu/disability).

Counseling and Psychological Services (CAPS) [www.uta.edu/caps](http://www.uta.edu/caps/) or calling 817-272-3671 is also available to all students to help increase their understanding of personal issues, address mental and behavioral health problems and make positive changes in their lives.

Non-Discrimination Policy: The University of Texas at Arlington does not discriminate on the basis of race, color, national origin, religion, age, gender, sexual orientation, disabilities, genetic information, and/or veteran status in its educational programs or activities it operates. For more information, visit [uta.edu/eos](http://uta.edu/eos).
Title IX Policy: The University of Texas at Arlington (“University”) is committed to maintaining a learning and working environment that is free from discrimination based on sex in accordance with Title IX of the Higher Education Amendments of 1972 (Title IX), which prohibits discrimination on the basis of sex in educational programs or activities; Title VII of the Civil Rights Act of 1964 (Title VII), which prohibits sex discrimination in employment; and the Campus Sexual Violence Elimination Act (SaVE Act). Sexual misconduct is a form of sex discrimination and will not be tolerated. For information regarding Title IX, visit www.uta.edu/titleIX or contact Ms. Michelle Willbanks, Title IX Coordinator at (817) 272-4585 or titleix@uta.edu

Academic Integrity: Students enrolled all UT Arlington courses are expected to adhere to the UT Arlington Honor Code:

I pledge, on my honor, to uphold UT Arlington’s tradition of academic integrity, a tradition that values hard work and honest effort in the pursuit of academic excellence.

I promise that I will submit only work that I personally create or contribute to group collaborations, and I will appropriately reference any work from other sources. I will follow the highest standards of integrity and uphold the spirit of the Honor Code.

UT Arlington faculty members may employ the Honor Code in their courses by having students acknowledge the honor code as part of an examination or requiring students to incorporate the honor code into any work submitted. Per UT System Regents’ Rule 50101, §2.2, suspected violations of university’s standards for academic integrity (including the Honor Code) will be referred to the Office of Student Conduct. Violators will be disciplined in accordance with University policy, which may result in the student’s suspension or expulsion from the University. Additional information is available at https://www.uta.edu/conduct/. Faculty are encouraged to discuss plagiarism and share the following library tutorials http://libguides.uta.edu/copyright/plagiarism and http://library.uta.edu/plagiarism/

Electronic Communication: UT Arlington has adopted MavMail as its official means to communicate with students about important deadlines and events, as well as to transact university-related business regarding financial aid, tuition, grades, graduation, etc. All students are assigned a MavMail account and are responsible for checking the inbox regularly. There is no additional charge to students for using this account, which remains active even after graduation. Information about activating and using MavMail is available at http://www.uta.edu/oit/cs/email/mavmail.php.

Campus Carry: Effective August 1, 2016, the Campus Carry law (Senate Bill 11) allows those licensed individuals to carry a concealed handgun in buildings on public university campuses, except in locations the University establishes as prohibited. Under the new law, openly carrying handguns is not allowed on college campuses. For more information, visit http://www.uta.edu/news/info/campus-carry/

Emergency Exit Procedures: Should we experience an emergency event that requires evacuation of the building, students should exit the room and move toward the nearest exit, which is located in the hallway leading to PEB 202. When exiting the building during an emergency, do not take an elevator but use the stairwells instead. Faculty members and instructional staff will assist students in selecting the safest route for evacuation and will make arrangements to assist individuals with disabilities. Students should also subscribe to the MavAlert system that will send information in case of an emergency to their cell phones or email accounts. Anyone can subscribe at https://mavalert.uta.edu/.
Student Support Services: UT Arlington provides a variety of resources and programs designed to help students develop academic skills, deal with personal situations, and better understand concepts and information related to their courses. Resources include tutoring by appointment, drop-in tutoring, mentoring (time management, study skills, etc.), major-based learning centers, counseling, and federally funded programs. For individualized referrals, students may call the Maverick Resource Hotline at 817-272-6107, send a message to resources@uta.edu, or view the information at Resource Hotline (http://www.uta.edu/studentsuccess/success-programs/programs/resource-hotline.php).

The IDEAS Center (https://www.uta.edu/ideas/) (2nd Floor of Central Library) offers FREE tutoring and mentoring to all students with a focus on transfer students, sophomores, veterans and others undergoing a transition to UT Arlington. Students can drop in or check the schedule of available peer tutors at www.uta.edu/IDEAS, or call (817) 272-6593.

The English Writing Center (411LIBR): The Writing Center offers FREE tutoring in 15-, 30-, 45-, and 60-minute face-to-face and online sessions to all UTA students on any phase of their UTA coursework. Register and make appointments online at the Writing Center (https://uta.mywconline.com). Classroom visits, workshops, and specialized services for graduate students and faculty are also available. Please see Writing Center: OWL for detailed information on all our programs and services.

The Library’s 2nd floor Academic Plaza (http://library.uta.edu/academic-plaza) offers students a central hub of support services, including IDEAS Center, University Advising Services, Transfer UTA and various college/school advising hours. Services are available during the library’s hours of operation.

Kinesiology Librarian:
Peace Ossom Williamson- peace@uta.edu - 817-272-6208
Office: Central Library 214A

Research or General Library Help
Academic Plaza Consultation Services (library.uta.edu/academic-plaza)
Ask Us (ask.uta.edu/)
Library Tutorials (library.uta.edu/how-to)
Subject and Course Research Guides (libguides.uta.edu)
Librarians by Subject (library.uta.edu/subject-librarians)
Research Coaches (http://libguides.uta.edu/researchcoach)
A to Z List of Library Databases (libguides.uta.edu/az.php)
Course Reserves (https://uta.summon.serialssolutions.com/#!/course_reserves)
Study Room Reservations (openroom.uta.edu/)
# KINE 5341 Immediate and Emergency Care I

## Tentative Schedule - Summer 2019

As the instructors for this course, we reserve the right to adjust this schedule in any way that serves the educational needs of the students enrolled in this course.

Dr. K and Dr. T

## Class on-line via Blackboard

<table>
<thead>
<tr>
<th>Date</th>
<th>Instructor</th>
<th>Topic</th>
<th>Reading</th>
<th>Due</th>
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</thead>
<tbody>
<tr>
<td>Week 1</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>6/4</td>
<td>Trowbridge &amp; Krawietz</td>
<td>The Interprofessional Healthcare Team</td>
<td>CH 1</td>
<td></td>
</tr>
<tr>
<td>6/6</td>
<td></td>
<td>Preventing Sudden Death</td>
<td>NATA Sudden Death</td>
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</tr>
<tr>
<td>Week 2</td>
<td></td>
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<tr>
<td>6/11</td>
<td>Trowbridge &amp; Krawietz</td>
<td>Prevention and Risk Management Strategies</td>
<td>CH 2</td>
<td>On-line Quiz #1 Monday 6/10 End of Day</td>
</tr>
<tr>
<td>6/13</td>
<td></td>
<td>Preventing Youth Sport Sudden Death</td>
<td>Best practice Youth Sport Inter-Association</td>
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<tr>
<td>Week 3</td>
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<tr>
<td>6/18</td>
<td>Trowbridge &amp; Krawietz</td>
<td>Planning for Emergencies</td>
<td>CH 3</td>
<td>On-line Quiz #2 Monday 6/17 End of Day</td>
</tr>
<tr>
<td>6/20</td>
<td></td>
<td>Preventing Secondary School Sudden Death</td>
<td>Consensus Sudden death Secondary Schools</td>
<td></td>
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<tr>
<td>Week 4</td>
<td></td>
<td></td>
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<tr>
<td>6/27</td>
<td></td>
<td>Preventing Collegiate Conditioning Sudden Death</td>
<td>Consensus Sudden death Collegiate Conditioning</td>
<td>EAP Assignment DUE online 6/28</td>
</tr>
</tbody>
</table>

## Class begins in person

<table>
<thead>
<tr>
<th>Date</th>
<th>Instructor</th>
<th>Topic</th>
<th>Reading</th>
<th>Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 5</td>
<td>7/2</td>
<td>Midterm Exam Emergency Examination</td>
<td>CH 4</td>
<td>On-line Quiz #4 Monday 7/1 End of Day</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Hemorrhaging/Splinting</td>
<td>CH 6 &amp; 7</td>
<td></td>
</tr>
</tbody>
</table>
| No class 7/4 |            |                                            |           |                         | Happy 4th of July
<table>
<thead>
<tr>
<th>Date</th>
<th>Instructor</th>
<th>Topic</th>
<th>Reading</th>
<th>Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 6</td>
<td></td>
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</tbody>
</table>
| 7/9  | Trowbridge  | Hemorrhaging/Splinting CPR/AED Scenarios | CH 6 & 7  
CH 11 | On-line Quiz #5  
Monday 7/8  
End of Day |
| 7/11 | Krawietz   | Head/Face Injuries Airway Management  
No equipment | CH 8  
CH 10 | Presentations  
Sudden Death  
Tuesday 7/9 |
| Week 7 |
| 7/16 | Krawietz   | Spine Stabilization w/ scoop stretcher  
No equipment | CH 9 | On-line Quiz #6  
Monday 7/15  
End of Day |
| 7/18 | Trowbridge | Spine Stabilization w/ long broad  
No equipment | | |
| Week 8 |
| 7/23 | Krawietz   | Spine Stabilization w/ equipment  
Scoop/Long Board | | On-line Quiz #7  
Monday 7/22  
End of Day |
| SWATA 7/25 | | | No class - Attend SWATA | |
| Week 9 |
| 7/30 | Trowbridge | Heat, Cold, Lightning  
Cooling Techniques  
Rectal Temperature | CH 15  
NATA Heat Illness  
NATA Cold Illness  
NATA Lightning Research Articles | On-line Quiz #8  
Monday 7/29  
End of Day  
Video  
Assignment  
Due 8/2 |
| 8/1  | Krawietz   | Anaphylaxis Epi Pen | | |
| Week 10 |
| 8/6  | Trowbridge & Krawietz | Review | N/A | On-line Quiz #9  
Monday 8/5  
End of Day |
| 8/8  | Krawietz   | Practical Exam | | |
| Week 11 |
| 8/13 | Krawietz   | Final Exam | | |
Stop. Think. Protect Yourself. You Have Choices.

The safety and security of our campus is the responsibility of everyone in our community. Each of us has an obligation to be prepared to appropriately respond to threats to our campus, such as an active aggressor. This graphic provides each member of the UTA community with information and options for responding to an active threat. These options are not chronological, but are designed to address dynamic situations. Assess the situation (your location, the location of the threat, type of threat, etc.), identify and weigh your options, develop a plan of action and commit to it.

<table>
<thead>
<tr>
<th>YOUR OPTIONS TO AN ACTIVE</th>
<th>You Have Choices!</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>AVOID</strong></td>
<td></td>
</tr>
<tr>
<td>• AVOID the situation. Stay away from the area and campus.</td>
<td>• Know your exit and escape options.</td>
</tr>
<tr>
<td>• If you can safely leave the area, RUN.</td>
<td>• If in a parking lot, get to your car and leave.</td>
</tr>
<tr>
<td>• Get others to leave the area, if possible.</td>
<td>• If in an unaffected area, stay where you are.</td>
</tr>
<tr>
<td>• Prevent others from entering the area.</td>
<td>• When you are safe, call UTA PD at 817. 272.3003 or 911 with information you have.</td>
</tr>
<tr>
<td><strong>DENY</strong></td>
<td></td>
</tr>
<tr>
<td>If you can’t leave the area safely, DENY or slow entry to the intruder:</td>
<td>Silence phones and remain quiet. Don’t let your phone give you away.</td>
</tr>
<tr>
<td>• Lock/barricade doors with heavy items.</td>
<td>• HIDE and take cover to protect yourself.</td>
</tr>
<tr>
<td>• Turn off lights/projectors/equipment.</td>
<td>• Be prepared to run or defend yourself.</td>
</tr>
<tr>
<td>• Close blinds and block windows.</td>
<td></td>
</tr>
<tr>
<td>• Stay away from doors and windows.</td>
<td></td>
</tr>
<tr>
<td><strong>DEFEND</strong></td>
<td></td>
</tr>
<tr>
<td>If you can’t AVOID or DENY entry to the intruder, DEFEND your location:</td>
<td>Use the element of surprise.</td>
</tr>
<tr>
<td>• As a last resort, FIGHT for your life.</td>
<td>• Work together as a team. Develop a plan. Commit to your actions. Your life depends on it.</td>
</tr>
<tr>
<td>• Use physical force and any weapons available - fire extinguishers, books, chairs, belts, umbrellas, pens/scissors, hot coffee/drinks, trash cans, etc.</td>
<td>• Be aggressive, loud, and determined in your actions.</td>
</tr>
</tbody>
</table>

Follow ALL instructions.
For more information, go to: police.uta.edu/activeshooter
Emergency: 817.272.3003
Non-Emergency: 817.272.3381
police.uta.edu

Additional information for active threat and other emergency situations can be found through the links below:
police.uta.edu/activeshooter
police.uta.edu/em